

## Upper Mustang Camping Trek - 26 Days

Upper Mustang Camping Trek is one of this breathtakingly beautiful region's most culturally interesting and least known treks. In this trek we follow the old salt trade caravan route and pilgrimage trails through Mustang's most remote valleys, villages, canyons, and high nomadic plateaus, we explore Upper Mustang's Buddhist 'sky caves' (ancient burial sites and Buddhist mural caves). During our trek, we camp with Tibetan nomads, who still live traditionally in their yak-hair tents, tending their goats, sheep, and yaks.

In this we venture deep into the realm of the last nomads of Mustang, still living their traditional migratory lifestyle on the high plateaus bordering Tibet. On this trek, we hike along the high eastern, winter route from the mythical walled city of Lo Manthang, and explore forgotten 'sky-caves' and visit the renowned Luri Gompa and Tashi Kabum, which house some of the most exquisite murals in the Tibetan Buddhist world. We camp at Mustang's most far-flung villages Dhe, Ghara, Yara, Sam Dzong and Tangge.



PO Box No.: 2721  
Samakhusi-29, Kathmandu, Nepal  
Contact No.: +977-9851133894  
Email: jag@himalayancompanion.com  
[www.himalayancompanion.com](http://www.himalayancompanion.com)

## PRICE INCLUDES

- Airport pickup and drop.
- 3 Nights Hotel Accommodations in Kathmandu.
- One-night hotel accommodation and dinner in Pokhara
- Domestic airfare: Kathmandu -Pokhara - Jomsom & Jomsom-Pokhara-Kathmandu.
- All the government procedures.
- Annapurna conservation permits
- One English speaking experienced guide, one cook, helpers, porters/mules.
- Trekking equipment -Mattresses, Member tents, and Kitchen utensils.
- Three-time meals during a trek along with Tea/coffee and snacks.
- Staff's salary, food, insurance, and clothing.
- Farewell dinner in Kathmandu.

## PRICE EXCLUDES

- International flights and visa fees.
- Personal expenses and meals in Kathmandu.
- Travel insurance, Rescue, and evacuation.
- Tips and gratitude for staff.
- Donation and local entrance fee.
- Extra baggage weight on domestic flight

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