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Upper Humla Circuit Trek - 27 Days

Humla is one of the most remote districts of West Nepal. Upper Humla Circuit trek is an original program which will take you on the borders of the Himalaya, high valley and hidden valleys of Upper Humla, in the mystic Limi Valley, nestled between high pastures and snow-capped mountains.Upper Humla Circuit trek is an ideal choice for those trekkers who love and seek to immerse into unexplored destination and wilderness landscape of West Nepal. Limi Valley and Upper Humla Circuit Trek is an off the beaten track, where one could have the great adventure journey along with a rare diversity of scenery, very interesting people, culturally rich villages and gompas. Exploring and discovering this virgin wilderness is a rare opportunity in western Nepal.

Upper Humla Circuit Trek starts and ends in Simikot. From Simikot, the trail follows the northern trail following lower part of the Chuwa Khola valley Thehe, Dojam village. Spending one night at Dojam village, and trail heads to the north of Dojam. Dojam is going to be the last village before Limi valley, about a week more later. Beyond Doja, the trail ahead follows the Chuwa Khola valley up to the Karching Kharka.From Kharching Kharka we follow the Nying Khola valley upto the foothill of Chandi Himal and Changwathan and we join to Chyakpolung Khola and descent to Limi Valley. At the end passing Nyalu pass 5001m we exit from Simikot.

You will fly from Kathmandu to Nepalgunj near the Indian border and on the next day you will fly to Simikot. From that point, the trek starts to reach the Limi Valley while crossing several passes. After visiting the most interesting villages, your route will head toward the north, to the Lapche pass. Then you head east through a broad valley and a pass at 5475m to arrive at the bottom of the mountain. The landscape is desert-like, with an ambiance of the end of the world. It’s a little rough immersion in the high pastures and its huge Tibetan plateau pastoral life.

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PRICE INCLUDES

- Airport pickup and drop
- 3 Nights Hotel Accommodations in Kathmandu
- One-night hotel accommodation and dinner in Nepalgunj
- Domestic airfare; Kathmandu-Nepalgunj-Simikot and Simikot-Nepalgunj-Kathmandu
- All the government procedure
- Trekking permits and National Park fee
- Experience English speaking guide, Cook, Helpers and Porters/Mules
- Trekking equipment (Mattresses, Member tents,
- Kitchen tent, dining tent and toilet tent),
- Dining Table, Chairs and Kitchen utensils.
- Three-time meals during trek along with Tea/coffee and snacks
- Staff's salary, food, insurance and clothing
- Farewell dinner in Kathmandu

PRICE EXCLUDES

- International flights and visa fee.
- Personal expenses and meals in Kathmandu.
- Travel insurance, Rescue, and evacuation.
- Tips and gratitude for staffs.
- Donation and local entrance fee.
- Extra baggage load in domestic flights.