PO Box No.: 2721
Samakhusi-29, Kathmandu, Nepal
Contact No.: +977-9851133894
Email: jag@himalayancompanion.com
www.himalayancompanion.com

Nepal Immersion Tour - 13 Days

This tour is an introductory Nepal immersion tour, in which you will experience fascinating cultural and natural engagement. In this tour you have an opportunities to explore Kathmandu, Pokhara, Bandipur, Dhulikel, Namo Buddha, Bhatktapur, Lumbini and visit Chitwan National Park.

Nepal Immersion tour is an ideal tour, that who do not like to do adventure treks but keen to see the mountain and culture of Nepal. In this tour you will see the superb mountain panorama views of the Himalayas from your hotels at Bandipur, Pokhara, Namo Buddha and Dhulikel. The mountains which you will see are; Annapurna, Dhaulagiri and Mount Machapuchare (known as Fishtail mountain).In addition we explore the world heritage sites of Kathmandu valley.

Throughout this tour you stay at mid-level hotels mainly three star hotels. And you will transfer to one place to another by private Jeep and flight.

PO Box No.: 2721
Samakhusi-29, Kathmandu, Nepal
Contact No.: +977-9851133894
Email: jag@himalayancompanion.com
www.himalayancompanion.com

PRICE INCLUDES

- Internal travel in private car or minibus with driver.
- Private transfers including airport collections.
- Sightseeing in Kathmandu and Pokhara with Nepalese cultural guide and private vehicle.
- Twin share rooms at all locations.
- Breakfast only at all hotels.

PRICE EXCLUDES

- International flight to/from Kathmandu.
- Travel insurance.
- Nepal visa for 15 days.
- Lunch and evening meals all places on itinerary.
- Tips (guidance on amounts included in our “Nepal Pre Trip Information” notes).
- Other items not listed in “What is included”.

PO Box No.: 2721
Samakhusi-29, Kathmandu, Nepal
Contact No.: +977-9851133894
Email: jag@himalayancompanion.com
www.himalayancompanion.com

ITINERARY IN DETAIL

Day 1: Arrival in Kathmandu

Himalayan Companion representative will be sent to pick up you on arrival at Kathmandu airport and to bring you back to the hotel.

Day 2: Kathmandu Sightseeing

This is a one day guided sightseeing tour of the Kathmandu Valley visiting three out of the seven World Heritage Sites. You will start off by visiting Patan Durbar Square then drive to the Buddhist stupa at Boudhanath followed by the last stop of the day at the Hindu shrine of Pashupatinath. The tour is likely to finish around 4pm and the rest of the day is free to further explore Kathmandu.

Day 3: Drive to Bandipur, afternoon village walk

In the morning you will be driven in a private vehicle to Bandipur. This small town is located on a ridge above the Kathmandu to Pokhara road and has superb views of the Himalayan peaks to the north including Annapurna, Dhaulagiri, Manaslu and Ganesh Himal.

Day 4: Drive to Pokhara 3 hours

After breakfast you drive to the lakeside town of Pokhara where there are superb views to the snowy Himalayan peaks including Machapuchare and Annapurnas.

Day 5: Boat trip across Phewa Lake and walk to Peace Stupa for Himalayan views

After breakfast you take a boat trip across Phewa Lake then walk to Shanti Peace stupa above the lake. The mountain views from stupa are that at their best in the morning. For the rest of the day you can explore Pokhara around Lakeside.

Day 6: Drive to Chitwan National Park 4 hours

After breakfast you will be driven to Chitwan National Park located 90km from Pokhara where you check into Resort.

Activities at Jungle Villa Resort in Chitwan National Park:

Upon arrival in Chitwan you will be served a welcome drink and after a short briefing on the program and about their facilities you will be taken to your room. The final program for your stay will be given to you on arrival however we have written the proposed program below. Please note the activities will be adjusted according to the length of your stay, the season and present weather conditions. The following is an outline program for the rest of the day:

3:30pm Jeep Safari: a driver along with a naturalist guide will take you into the core area of Chitwan National Park. Crossing the savannahs and entering into the dense jungle you will get the chances to spot various birds and animals in their natural habitat.

PO Box No.: 2721
Samakhusi-29, Kathmandu, Nepal
Contact No.: +977-9851133894
Email: jag@himalayancompanion.com
www.himalayancompanion.com

6:30pm Slide Presentation: one of the resort's jungle experts will introduce background data and history of the Chitwan National Park as well as some other topics relating to wildlife

7:30pm Dinner in the central dining hall.

Day 7: Activities in Chitwan National Park

The following is the program for the day:

5:30am Wake-up call: followed by tea or coffee.

6:00am Canoeing: A traditional dug-out canoe takes you on a silent trip down the Rapti river to view aquatic birds and the animals on the river banks.

8:30am Breakfast.

10:00am Elephant stable visit and bathing: Learn more about these fascinating animals during a visit to the elephant stables. Bathing with the elephants in the river will follow although not in winter months.

1.00pm Lunch.

3:00pm Nature walk with visit to Crocodile Breeding Farm Visit: this trip is on foot through Sal forest, open grassland and riverine jungle. The naturalist guides will identify the species of birds, plants and other wildlife that you may see along the way. At Crocodile Breeding Farm you will see the endangered Gharial Crocodile, Marsh Mugger Crocodile and Tortoises.

6:30pm Tharu Stick Dance: Farmers of the nearby villages will show their traditional skills and dances.

7:30pm Dinner in the central dining hall.

Day 8: Activities in Chitwan National Park

The following is the program for the day:

5:30am Wake-up call: followed by tea or coffee.

6:30am Bird watching: time spent with naturalist guide on bank of River Rapti watching and identifying birds.

8:30am Breakfast.

9:00am Tharu Village Visit: we proceed for a short walk to visit the native Tharu Village. The naturalist guide will brief you about the social and cultural aspect of the villagers and their lifestyle.

1.00pm Lunch.

PO Box No.: 2721
Samakhusi-29, Kathmandu, Nepal
Contact No.: +977-9851133894
Email: jag@himalayancompanion.com
www.himalayancompanion.com

3:00pm Jeep Safari: a driver along with a naturalist guide will take you for a second jeep safari into Chitwan National Park.

7:30pm Dinner in the central dining hall.

Day 9: Drive to Lumbini (Birth Place of Lord Buddha) 3 hours

Today you will drive to Lumbini, birthplace of Lord Buddga, in the south of Nepal near border with India. In 1997, Lumbini was designated an UNESCO World Heritage Site.

Lumbini is a Buddhist pilgrimage site and the traditional birthplace of Gautama Buddha, the founder of Buddhism, who was born in the 7th or 6th century BC. According to Buddhist tradition, Maya Devi gave birth to the Buddha on her way to her parent's home in Devadaha in the month of May in the year 642 BC.

Day 10: Sightseeing in Lumbini

The most important temple at Lumbini is the Maya Devi Temple, which enshrines the site of the Buddha's birth. The current temple stands on the site of earlier temples and stupas, including the stupa built by Ashoka.

The holy site of Lumbini is bordered by a large monastic zone in which only monasteries can be built, no shops, hotels or restaurants. It is separated into an eastern and western monastic zone, the eastern having Theravadin monasteries and the western having Mahayana and Vajrayana monasteries.

Day 11: Fly to Kathmandu and drive to Namo Buddha

After breakfast, you drive to Lumbini airport for the flight back to Kathmandu. On arrival there is a short drive to Namo Buddha on the rim of the Kathmandu valley where there is a superb mountain panorama from the Namo Buddha Resort.

Day 12: Walk or Drive to Dhulikhel

Today you have the option to walk to Dhulikhel or to drive by car. If you decide to walk the trail takes you through traditional villages with mountain views.

Day 13: Drive to Bhaktapur, Afternoon sightseeing

In morning you drive to Bhaktapur for sightseeing this is an ancient Newar town in the east corner of the Kathmandu Valley and is listed as a World Heritage by UNESCO for its rich culture, temples, and wood, metal and stone artwork. The main places to see are:

Layaku (Durbar Square): Bhaktapur Durbar Square is a conglomeration of pagoda and shikhara-style temples grouped around the 55-window palace of brick and wood.

Nyatapola Temple: This five-storeyed pagoda was built by King Bhupatindra Malla in 1702 A.D. It stands on five terraces, on each of which squat a pair of figures: two famous wrestlers, two elephants, two lions, two griffins, and Baghini and Singhini — the tiger and the lion goddesses.

PO Box No.: 2721
Samakhusi-29, Kathmandu, Nepal
Contact No.: +977-9851133894
Email: jag@himalayancompanion.com
www.himalayancompanion.com

Bhairab Nath Temple: This is another pagoda temple of lord Bhairab, the dreadful aspect of Shiva.

Dattatraya Temple: Consecrated by King Yakshya Malla in 1427 A.D., this temple, according to popular belief, was built out of the trunk of a single tree

Day 14: Drive to Kathmandu

Drive to Kathmandu

Day 15: Fly back to Home

Our represensative will transfer to Kathmandu airport for your flight back home. End of trip.