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# Dolpo Gyaekochen Trek - 25 Days

Dolpo Gyaekochen trek is an exploration and discovering of Dolpo's one of the shadowed but extremely exotic valley Gyaekochen. Gyaekochen Lake, Gyaekochen peak or Dolpo Peak is lies in Gyaekochen valley located between Dho Tarap and Kakkot village outlined of Dhaulagiri massif with three summits are respectively 6107m, 6042m and 6075m.

Gyaekochen valley lies in Dolpo region of north-western Nepal. It is outlined by Dhaulagiri range to the south and situated central to the rugged and precipitous terrain of Dolpo region. It is nevertheless visited tourist and trampled by hundreds of local people in the months of May-June for the quest of a precious Himalayan herb, the yartsagumbu. The foot of the glacial mountain droops distinctly into the snow line and the turquoise blue lake. The site offers an astonishing blend of geographical display with snow, lake and pastures that changes color and texture each season. At night, sudden thunderous sounds can be overheard in sleep often due to the crashing of massive glacier pieces into the lake at the base of the mountain, an alarm of the impacts of global warming in the Himalayas. The glacial limit shifts throughout the year. It approaches as close as the lake in peak winter and early spring and retreats up a few hundred meters in peak summer and early autumn.

Himalayan Companion's Gyaekochen Exploring trek is a rare opportunity to explore this hidden beauty of Gyaekochen and Lower Dolpo. A great trek to explore the mythical lands of Dolpo: including Tichurong valley, ,exotic Gyaekochen glacial lake and Gyaekochen peak, Small rarely visited village Lang and its people, highest altitude human settlement Dho Tarap, magical Phoksundo Lake, Bon village and Bon monasteries. For this exotic path journey, we will departure from humid and hot Southern city Nepalgunj to small airstrip Juphal by Twinn Otter. Then treading above the Bheri Khola through Banthada, and Byas crossing Jyarkoi Dingla Pass to Sisol and Gyaekochen valley.A day exploring around Gyaekochen valley then we switch to north, crossing Lalung pass to next door small village Lang. Beyond Lang village we further ascent to Thaye La pass 5000m and descend down to Doro Sipchok then to Dho Tarap. After Dho Tarap we follow Dolpo's Lower Dolpo Classic crossing Numala and Bagala to Phoksundo Lake then to Juphal.

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## PRICE INCLUDES

- Airport pickup and drop
- 3 Nights Hotel Accommodations in Kathmandu
- One-night hotel accommodation and dinner in Nepalgunj
- Domestic airfare; Kathmandu-Nepalgunj-Dolpo and Dolpo-Nepalgunj-Kathmandu
- All the government procedure
- Trekking permits and National Park fee
- Experience English speaking guide, Cook, Helpers and Porters/Mules
- Trekking equipment (Mattresses, Member tents,
- Kitchen tent, dining tent and toilet tent), Dining Table, Chairs and Kitchen utensils.
- Three-time meals during trek along with Tea/coffee and snacks
- Staff's salary, food, insurance and clothing
- Farewell dinner in Kathmandu

## PRICE EXCLUDES

- International flights and visa fee
- Personal expenses and meals in Kathmandu
- Travel insurance, Rescue, and evacuation
- Tips and gratitude for staffs
- Extra baggage weight in domestic flight.
- Donation and local entrance fee